

Challenge's Winter 2019 Course: Introduction to Conflict Transformation



**8 – 12 weekly classes, 3 hours each | in Jerusalem
Sundays, January 27th onwards | 17:30 – 20:30**

“By peace we mean the capacity to transform conflicts with empathy, without violence, and creatively — a never-ending process” Johan Galtung

Conflict Transformation is a conceptual and practical approach for creating constructive change processes in conflict. In order to transform complex situations, that usually generate pain and suffering, we need a variety of skills – cognitive, affective and practical. In this introductory course we will explore the basic tool-kit for the Conflict Transformation Practitioner. This tool-kit provides the infrastructure for professional work in the field of promoting understanding and peace at all levels – from the personal to the global.

The course is intended for people interested in the approach of conflict transformation and in acquiring a new perspective, for professional and/or personal purposes. Please see the abridged syllabus on the next page.

The course includes a theoretical part (8 sessions) and a practical part (4 sessions). You may register for the theoretical part only or for both parts. The course consists of lectures, discussions and exercises that enable participants to absorb the materials in different ways. The small group size allows participants to engage in discussions and peer-learning.

Mario Schejtman and Shiri Barr, two of the leaders of conflict transformation in Israel, will lead the course together with guest conflict transformation practitioners, from Challenge's professional network.



Dates and suggested costs:

Theoretical part – 8 sessions	27/01	17/03	700 NIS	Payment for the full course – 1,000 NIS
Practical part – 4 sessions	24/03	14/04	300 NIS	

Following requests and in order to allow every interested person to attend, we invite each participant according to their capabilities.

Attendance in 75% of the sessions is required for participation in the course.

Please note: the course will be conducted (mostly) in Hebrew

Opening of the course is contingent on enrollment. For further information please contact Mario Schejtman at info@challenge.org.il or 054-5992301

To register please fill the form in [this link](#)

List of topics

Session #	Chapter	Subject
1.	Introduction & Basic Concepts	Basic definition of conflict transformation and peacebuilding.
2.		Principal theories of conflict transformation.
3.	Conflict Analysis and Deeper Levels	In-depth exploration of behavior and power structures.
4.		In-depth explorations of approaches and assumptions: psychological barriers to peace and self awareness. Guest lecturer: Dr. Michael Sternberg
5.		In-depth exploration of empathy in conflict.
6.	From Conflict to Change	Micro and macro – interchange between the personal and the societal levels. From solving conflicts to building peace Guest lecturer: Dr. Gal Harmat
7.		Creativity and hope. Guest lecturer: Torge Kuebler
8.		Conflict transformation as a way of life: Characteristics, Functions and Ethics of Conflict Transformation Practitioners
9.	A practical workshop: transforming a conflict.	Defining the disagreement.
10.		Understanding the conflict.
11.		From conflict to change.
12.		Pragmatic hope: practical vision exercise.